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# St. Andrews Consolidated School

## News from the Eagle's Nest

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**September, 2016**

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I would like to take this opportunity to welcome all students and staff back to school. I hope everyone has had an enjoyable summer. We will proceed with our monthly newsletters in the month of October.

### Physical Education:

Students are encouraged to wear light, loose clothing & clean indoor running shoes for Phys. Ed. Classes. Students in Grades 4 to 6 have access to the Phys. Ed. Locker room to change for class as well. (Please, No crocs, sandals or dress shoes for Phys. Ed. classes).

### Monthly Assembly:

We will be continuing with our monthly assemblies in the morning of the last Friday of the month. If there is no school on that Friday, it will be on the preceding day (Thursday). The first assembly will be held on Thursday, September 29<sup>th</sup> @ 9:00 a.m. Parents and community members are urged to attend this event.

### Meet the Teacher Session:

Meet the Teacher is scheduled for Thursday, September 15<sup>th</sup> from 6:30-7:30pm. Please note that there will be a gathering in the gymnasium prior to this session. We will also have Morgan MacPherson from the Antigonish detachment of the RCMP from 5:30 to 6:30 in order to assist all who would like to have Criminal Record Checks completed. This is strongly urged for ALL who wish to be either a volunteer in the school or who



will be chaperones for any class trips. At the present time, we are in need of more male volunteers as the SRSB travel policy stipulates that all class trips must have a male chaperone. I look forward to meeting and working with you throughout the year.

Kirk Johnstone

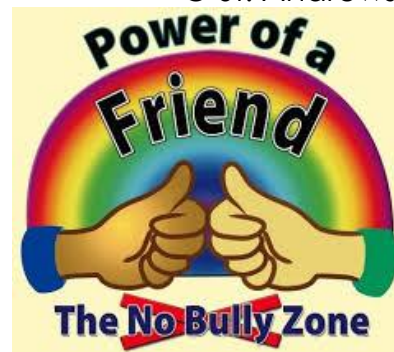
Principal

### ANTI-BULLYING DAY

@ St. Andrews Consolidated

School

Thursday,  
September 15<sup>th</sup>



All students and staff are encouraged to wear PINK (or close to

pink as possible) colors in support of **Stand Up Against Bullying Day:**

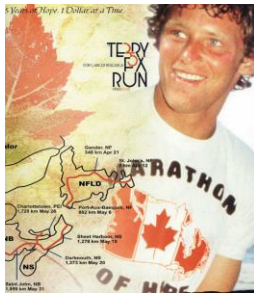
### Dress for Success!

Please send children to school in clothes and footwear that promotes safe physical activity and free play – allows for free mobility, appropriate seasonal outdoor clothing and informal clothing rather than outfits that need to be kept clean. Safe footwear that is secure to the foot is encouraged (ie: no crocs, sandals or flip flops) for students while playing indoors and outdoors. We encourage all parents to send a change of clothes in case of emergencies (snow, rain, puddles, etc.)



## SCHOOL PHOTOS

**WEDNESDAY**  
**Sept. 21<sup>st</sup>**



### Terry Fox Walk / Run 2016

St. Andrew's Consolidated is pleased to be hosting a Terry Fox Walk/Run on Friday September 23<sup>rd</sup> starting at 1:15pm. All monies raised through our event will be forwarded to the Terry Fox Foundation to further the cause of cancer research. All students will be walking/ running around the community trail at the St. Andrews Community Hall. Parents and other family members are invited to take part as well.

All students are encouraged to take part. By donating just \$2.00, you are part of the Marathon of Hope. However, pledge sheets are available from the Phys. Ed. office at school for those who wish to do some more fundraising. These sheets can be returned to the office immediately following the event, so that we can include them with our final total and donation to the Terry Fox Foundation. Our goal this year is to raise \$ 2.00 for every student and staff member.

### Notes from the Music Room:

(1) Students in grades 2-6 are invited to join our school choir. Choir rehearsals will take place each Day D of the cycle from 2-2:25pm in the music room and will begin September 28<sup>th</sup>, 2016. As scheduled performances draw near, a few extra choir rehearsals may be added at recess time if additional time is needed. Since regular choir rehearsals will take place during instructional time, students who join choir will need parental/guardian permission to be excused from class last period on Day D. A choir sign up form will be sent home the second week of September for parents/guardians to sign granting their child permission to attend choir rehearsals each Day D for the whole year. If at any time during the year, your child decides that he/she does not wish to remain in choir, parents/guardians can email me

at [jackie.dunnmacisaac@srsb.ca](mailto:jackie.dunnmacisaac@srsb.ca) or send me a note in your child's agenda. Choir members must remain in good standing to stay in choir for the year. **The deadline to join choir for the year will be September 28<sup>th</sup>.** Choir members will be expected to attend all Day D choir rehearsals from September to June. Our choir will perform at our school's Remembrance Day Ceremony, Christmas Concert, Spring Concert, our end of the year regional performance called "Music Strait From the Heart", and at any other events in which we are invited to perform.

(2) Here's to a great year of music-making by all grade primary to grade six students!

### Maker Space

We are continuing to add to our Maker Space area where students can build and create. We are looking for building type activities such as Lego, Lincoln Long, K-Nex, wooden train set, tinker toys, sewing materials (thread, fabric, pinking shears, sewing machine, etc.) or scrap booking

materials. If you have things which you no longer use and are willing to donate, it would be greatly appreciated and helpful.

Thank you from SACS Students & Staff



### **Balanced & Bright – Healthy Eating Program**

Last year SACS received funding from the Department of Health & Wellness, Community Health Board and a number of community groups to support our school meal programs. With this funding, we are able to provide a variety of fruits and vegetables to our students during breakfast and hot lunch programs at no cost to students. We look forward to running this program again this year with the support of our funding partners.



**Sept. 7<sup>th</sup>—WELCOME STUDENTS**

**Sept. 8<sup>th</sup>—International Literacy Day**

**Sept. 8<sup>th</sup>—Tae Kwon Do @ 6:00 p.m.**

**Sept. 12<sup>th</sup>—Milk Program starts (\$8 per month, \$39.60 for half year, \$78.20 for full year)**

**Sept. 15<sup>th</sup>—Anti-bullying Day**

**Sept. 15<sup>th</sup>—Meet the Teacher/Family Orientation from 6:30 to 7:30 p.m.**

\*(RCMP officer will be here from 5:30 to 6:30 to help with Criminal Record Checks)

**Sept. 20<sup>th</sup>—SAC @ 6:00 p.m.**

**Sept. 20<sup>th</sup>—Home & School @ 6:45 p.m.**

**Sept. 21<sup>st</sup>—School Photos**

**Sept. 22<sup>nd</sup>—Earth Rangers Presentation**

**Sept. 23<sup>rd</sup>—Terry Fox Event @ 1:15**

**Sept. 16<sup>th</sup>—Student Fees & Agenda \$ Due**

**Sept 19<sup>st</sup>—Breakfast Program Grab n' Go**

**Sept. 29<sup>th</sup>—East Coast Credit Union**

Presentation to students

**Sept. 30<sup>th</sup>—NO Classes for students—School Based Inservice**

### ***Beginners of all ages welcome!*** **MINI GAELIC LESSON**

Want to give Gaelic a try? Each month we will feature a mini Gaelic lesson. St. Andrews Consolidated now offers core Gaelic from grades 4-6. If you wish to learn a little Gaelic to keep up or just like languages there will be a mini Gaelic lesson in every monthly newsletter.

#### **Asking How Someone Is:**

**ciamar a tha sibh?** (kaymuhr uh ha shiv) - how are you?

The 'c' of **ciamar** sounds very like the 'c' of **cute**.

#### **Saying How You Are:**

**tha gu math** (ha guh mah) - fine

**glè mhath** (glay vah)- very well

**tapadh leibh** (tahpuh leeve) - thank you

People often use **tapadh leibh** when they answer.

#### **Returning The Greeting:**

**ciamar a tha sibh fèin?** (fayn) - how are you?

#### **Brian MacDonald**

***Nova Scotia's Action Plan for Education Update***

## from the Department of Education and Early Childhood Development

The 2016-2017 school year continues with the changes in classrooms across the province as a result of Nova Scotia's Action Plan for Education introduced in January of 2015. The Action Plan was based on the feedback of more than 19,000 Nova Scotians, including teachers, students, school support staff, school boards, universities and the business community.

Some highlights this year include:

- a streamlined and innovative curriculum with a stronger focus on teaching math and literacy for primary to grade 3 students,
- new homework standards to support and enhance student learning at every grade level,
- a new school code of conduct that will apply to all schools,
- more hands-on learning activities for students to develop their technology skills, including Brilliant Labs,
- more math mentors working with teachers to support higher student achievement,
- a new career education framework for grades 4-12 students,
- core French programs that use interactive and conversational teaching methods, and
- a new growth and development guide for families with four-year-olds to encourage early learning.

For more details on changes coming in

2016-2017, please visit [ednet.ns.ca](http://ednet.ns.ca) and follow the Department of Education and Early Childhood Development on twitter @NSEducation.

**RELIGION CLASSES** We invite all interested parents of children in grades 1 to 8, to register their children for religion classes at the St. Andrews Community Fun Day on Sunday Sept. 11 between 1 and 4 p.m. or by contacting the coordinator at the website or phone listed below. Classes will once again be held this year on Wednesday evenings from 6:30 to 7:30 beginning Oct. 5 running for 89 weeks until Nov. 30, then resuming Jan. until March break. In the event of a school closure on a Wednesday, religion classes will not be held. In the event of a storm developing after school...cancellation will be posted on CJFX. Children are expected to arrive for and be picked up on time. In-school behavior rules apply to religion classes as well. Textbooks will be available once classes have started. Anyone having a text from last year may pass it along to a student for that grade level. If you have a book available for another student, any questions, or are willing to volunteer, we still have 4 vacant teacher positions, please contact [annette.daemen@bellaliant.net](mailto:annette.daemen@bellaliant.net) or 902-863-4441.

### **School Board and Municipal Elections will be held on October 15, 2016.**

SchoolBoardElectioNS.ca is your resource for information on school boards and the school board elections process in Nova Scotia.

Residents of Nova Scotia who are eligible to vote in the municipal elections are eligible to vote in school board elections. School board elections include district school board members, African Nova Scotian school board members, and

Conseil scolaire acadien provincial members. By learning more about school boards, elections and school board members, you are becoming a more informed member of the public.

Education in Nova Scotia matters to everyone - even if you do not have children in the public education system.

### Safety Tip: Back-to-School Driving Advice

If you're driving behind a bus, allow a greater following distance than if you were driving behind a car. It will give you more time to stop once the yellow lights start flashing..

- Never pass a bus from behind — or from either direction if you're on an undivided road — if it is stopped to load or unload children.
- If the yellow or red lights are flashing and the stop arm is extended, traffic must stop.
- The area 10 feet around a school bus is the most dangerous for children; stop far enough back to allow them space to safely enter and exit the bus.
- Be alert. Children are often unpredictable, and they tend to ignore hazards and take risks.

- **FREE FAMILY SKATE**

- **CELEBRATING WITH NATIONAL FAMILY WEEK**
- **HOSTED BY:**
- **Family Service of Eastern Nova Scotia & Kids First Family Resource Centre**
  - **DATE: Monday Oct. 3<sup>rd</sup>, 2016**
    - **TIME: 3 to 4 pm**
    - **LOCATION: Antigonish Arena**
  - **Please bring a non-perishable food item for the FOOD BANK!!**
  - **HELMETS ARE MANDATORY!**
    - **Hot Chocolate and Snack**

- ***The Maureen Fraser School of Dance***

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- **Classes begin:** September 19.
- **Registration:** September 2-17 at C&M Dance Supplies, 4533 Lochaber Rd, hwy. 7 (3 miles from Antigonish).
- **Classes:** Tap, Step, Jazz, Ballet, Musical Theatre, Lyrical, Acro and Hip hop. Swing/Jive and Step for adults
- **Ages:** 3 yrs. to adult for all levels of experience. Beginners of all ages are welcome!
- **Further info:** maureenfraserschoolofdance.com
- **Contact:** Maureen 863-1731 \*\* maureencfraser@yahoo.ca. \*\* Dance School Facebook page.

- ***Beginners of all ages welcome!***

### School Insurance Program

Every eligible child attending public school in Nova Scotia is automatically insured by the School Insurance Program's Basic Plan student accident coverage. This coverage is provided without deductible and at no cost. Basic Plan coverage can cover things such as physiotherapy, dental and medical equipment expenses, up to policy limits.

However, if parents/guardians wish to purchase additional coverage, the Gold Plan increases the time that your child is covered to 24/7 including summer vacations. Many of the specific loss accident payments are triple those of the Basic Plan.

Please visit [www.sip.ca](http://www.sip.ca) for policy & limit information and for more information on how to purchase the optional Gold Plan.